



GFTTEAM
C A N A D A



#StopTheSpread

Rules of Conduct During Covid

FROM THE ENTRANCE TO THE MATS

1. Keeping our dojo clean and beautiful is everyone's responsibility, please do not bring the contaminants from the washrooms onto the mats. If you enter the washroom area it is **MANDATORY** that you **DO NOT** go bare feet.
2. Parents, please try to have your children go to the bathroom before entering the school if possible to reduce the overall use of the bathroom area.
3. When entering the mats, please do not go for your favorite square and cut across other groups to get there. Please fill up the squares from the window side to the wall, row by row from the front until all squares are filled. Teaching staff may move you afterwards based on numbers to spread you out.
4. Please bring your water bottle with you onto the mats and place them out of the way near you. We want to reduce people walking back and forth and crossing other people's paths.
5. Leave all non martial arts gear (jackets, backpacks, gym bags) in the cubbies. Lets keep the training area uncluttered and only bring out the essentials. gloves, water bottles, towels, sparring gear and masks (optional) are permitted.

**WE RESERVE THE RIGHT TO REFUSE SERVICE TO ANYONE NOT ABIDING
BY THESE RULES.**